

Skill Builders

Speech-Language and Occupational Therapy Services



SENSORY-MOTOR STRATEGY SESSIONS

WHERE?

YOUR CHOICE:

Home, Preschool or

Community-Based Setting

WHAT?

Observations, conversation and suggestions for supporting your child's independence and success during day-to-day routines; targeting fine and gross motor movements, comfort level in over-stimulating environments, and improved sense of feeling "just right" throughout the day.

HOW?

Environmental adaptations, strategies, sensory diet tips and a customized program designed to support your child's needs.

LEAD SPECIALIST:

Julie Carper, MS, OTR/L

Julie joined Skill Builders in 1997 and has valuable experience treating children with autism spectrum and sensory integration disorders. She maintains up-to-date professional training in the areas of handwriting, autism, learning disabilities, sensory processing, and attention disorders. Julie's expertise includes use of the First Strokes Handwriting Program, Handwriting Without Tears, and the Interactive Metronome Program. Julie is the mother of 3 active boys and can give practical advice to keep the household running smoothly for all!

For more information about this new service or to schedule an appointment please contact us at the number below:

Deb Barbara, OTR/L
703-941-7757 ext. 110

www.skillbuildersllc.com